

#CarriersAtBlaffer Community Project

You are invited to participate in a video submission community project in response to the Blaffer Art Museum's current exhibition, *Carriers: The Body as a Site of Danger and Desire!*

At this intersection of anxiety, joy, desire, and resilience, *Carriers* simultaneously examines and celebrates the body as a site of comfort, hope, and danger.

This community project is an opportunity to reflect on how the exhibition may have informed your response and understanding of the body. You may select from a list of prompts below and record yourself speaking your answer out loud.

Prompts

1. *I feel safe when _____.*
2. *My body is a home for _____.*
3. *Home is _____.*
4. *I carry _____.*

Submission* Instructions:

1. Set up your video camera or cell phone so that you can film yourself **vertically**. **Please make sure your video is no longer than 15 seconds.**
2. Select a prompt above and complete the sentence. (You are welcome to respond to multiple prompts, but please film only one prompt per video.)
3. Option A: Say your completed prompt out loud, looking into the camera.
4. Option B: Add a short (5-10 second) movement gesture that embodies your words before, after or during your spoken sentence.
5. Email your video submission to infoblaffer@uh.edu OR Post it on social media with the hashtag #CarriersAtBlaffer

**Please note: Content for this program may appear in Blaffer Art Museum/University of Houston digital communications or marketing materials. By participating in this program, you hereby authorize Blaffer Art Museum to use your photograph, video, or digital media publicly on the Blaffer's website and social media in use related to this project.*

Visit blafferartmuseum.org for more information on how you can visit the Blaffer to see *Carriers: The Body as a Site of Danger and Desire!*